

COURSE GUIDE FOR GRADE 6-12 STUDENTS

AVAILABLE NOW FOR GRADES 6-12

Adrenaline
Anger Management
Avoiding Exploitation
Black and White Thinking
*Bullying/Cyberbullying
Character Traits
Coping Strategies
Cultural Implications Within Family and Learned Behavior
*Digital Citizenship
*Future Goals
Getting to Know You
Healthy Communication
Impulsive Decision-Making
Irrational Thinking
Learned Helplessness
*Motivation
Primary and Secondary Impacts of Behavior
Putting it all Together
Raising Awareness About Opiates
Refocus
Refusal Skills
Restorative Practices
*Self-Esteem
Strategies for Successful Return to School
Substance Abuse
Talking to Parents and Guardians
Talking to Peers
Truancy
Vision of Self

COMING SOON FOR GRADES 6-12

Coming Soon for Grades 6-12
Anxiety/Depression
LGBTQ
Mood Management
Aggression
Children of Divorce
Gangs
Self-Harm
Hopelessness

COMING SOON FOR GRADES 3-5

All About Me
Digital Citizenship
Self-Regulation
Healthy Friendships
Goals
Bullying/Cyberbullying
Feeling Proud
Member of My Community
Using my Voice

NOTE: Coming Soon courses marked in BOLD will be first to release.

NOTE: Courses marked with an asterisk are recommended for use as prevention courses. However, other courses may be substituted for these. All courses may be used for prevention or intervention.

- All student courses have adult versions for teachers, parents/guardians, and educators.
- All BASE Education courses are available in both English and Spanish.
- All student courses are:
 - designed for ages 12- 21
 - aligned to Collaborative for Academic, Social, and Emotional Learning (CASEL) competencies
 - based on Multi-tiered System of Support (MTSS) and Positive Behavioral Interventions & Supports (PBIS) best practices.
- Five Courses approved, sponsored or co-authored by national organizations:
 - **Getting to Know You** - Supported by the PALS4Ed Organization
 - **Avoiding Exploitation** - Support from *Emphasize*
 - **Raising Awareness About Opiates** - Film and Processing Questions - Co-created by the FBI and DEA. School version video addresses dangers surrounding the growing opiate and heroin epidemic.
 - **Substance Abuse (30 modules)** - Developed in accordance with FBI and *Act on Drugs*
 - **Truancy** - Stamp of Approval from *National Center for School Engagement Practices*.
- All courses may be assigned as Tier 1, 2 or 3*, often in clusters depending on needs or priorities for students. Students or adults may also complete courses based on interest or preference of school or district related to prevention or intervention.

*Tier 1, 2 and 3 reference: Multi-tiered System of Support (MTSS)